

Truck Drivers Money Saving Tip: Without a target, you'll hit it every time. Write down goals for what you want to achieve.

Published: 1/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever tracked your accomplishment of written vs. non-written goals? What happened?

Published: 1/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

There are long- and short-term goals for different areas of life. Leave none of them out.

Published: 1/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry:

Have you ever sacrificed one goal in order to achieve another? How did that work out?

Published: 1/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Set SMART WAY goals: Specific, Measurable, Attainable, Relevant, ...

Published: 1/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**If you don't yet have a
spending guide or budget set
up for 2017, it's not too late.**

Published: 1/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's hardest about tracking your spending? Need a spending diary?

Published: 1/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: If writing down expenses on paper is too hard, why not record them electronically?

Published: 1/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Find it difficult to separate your personal and business expenses?

Published: 1/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Think of a budget as a spending guide to help you achieve your desired financial future.

Published: 1/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Numerous states in the eastern USA have laws about removing snow and ice from trailer roofs.

Published: 1/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's your trucking company's approved method of removing snow/ice from trailer roofs?

Published: 1/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Be careful when climbing up on your trailer to remove snow/ice. Prevent slips and falls.

Published: 1/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

If you received a fine for not removing snow/ice from your trailer, what did you do?

Published: 1/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Some hand-held 'rakes' remove snow/ice from trailer roofs. Total removal may be difficult.

Published: 1/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Make time daily to file away paperwork for that day: receipts, BOLs, trip sheets, etc.

Published: 1/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How much time would you say you waste looking for paperwork that should have been filed?

Published: 1/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Sort unfiled receipts by month, then date, etc. Overlook no tax deductions among them.

Published: 1/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's your best method for filing paperwork in your truck? Expandable file? File box?

Published: 1/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Don't throw receipts on the dash. It looks trashy and could impede defrosting capability.

Published: 1/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Truckers can be prepared for all climates by packing various types of clothing in- truck.

Published: 1/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever been forced to buy a warm garment while on the road? What happened?

Published: 1/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Besides a jacket and coat,
remember to pack a hat and
gloves for use in cooler
temps.**

Published: 2/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever come close to getting frostbite while working as a trucker? What happened?

Published: 2/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Wearing a heavy-duty rain suit might help protect your clothing from getting wet in snow.

Published: 2/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some bunk heaters are designed to work off truck battery power. Maintain a minimum charge.

Published: 2/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever had your bunk heater turn off in the middle of the night? What happened?

Published: 2/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Keep the under-bunk area near your bunk heater clear so that problems don't arise.

Published: 2/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever been fined for cranking up or idling your truck just to power your bunk heater?

Published: 2/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Temperature and fan settings on your truck's bunk heater may affect how long it will run.

Published: 2/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

There are many different kinds of flashlights. Energy sources and bulbs vary. Buy wisely.

Published: 2/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever needed the light from a flashlight when the batteries died? What happened?

Published: 2/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Besides packing a flashlight,
pack a spare bulb and either a
charger or spare batteries.**

Published: 2/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Considering getting a multi- purpose flashlight? How often will you use each function?

Published: 2/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Numerous Smartphones have a light that can be activated by a flashlight-type app.

Published: 2/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Cargo theft is big business. Make it hard for thieves to steal by using anti-theft devices.

Published: 2/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's the best lock that you've ever seen or used on trailer doors? How does it work?

Published: 2/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

An installed and locked bar lock holds your trailer's door bars together, preventing entry.

Published: 2/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Are anti-theft locks individually keyed? Can they be 'picked'? Has one ever failed you?

Published: 2/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Follow your trucking company's procedures for using bar, glad hand, or kingpin locks.

Published: 2/24/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
Good grooming includes
wearing clean clothes.
Laundry cleaning equipment
and costs vary.**

Published: 2/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How many sets of inner and outer clothing do you pack to wear between times at home?

Published: 2/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some truckers may change
inner clothing more often
than their outer clothing. Be
prepared.**

Published: 3/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Are you prepared with quarters, detergent and other additives for doing laundry OTR?

Published: 3/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Utilize washers and dryers with larger capacities for larger loads to save money and time.

Published: 3/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Crock pots which cook food at lower temperatures over longer times can save truckers money.

Published: 3/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever purchased a crock pot needing more power than your inverter could provide?

Published: 3/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Before buying a crock pot,
make sure that you can meet
its power requirements in
watts.**

Published: 3/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry:

**Have you ever wanted a
larger or smaller crock pot --
or one with a removable
liner?**

Published: 3/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Crock pot bag liners fit inside the crock and can make clean-up super easy.

Published: 3/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: OTR truckers who receive tickets far from home may need help from a competent attorney.

Published: 3/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Trucker, have you ever needed an attorney's help but not received it? What happened?

Published: 3/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some legal service plans
utilize paralegals instead of
attorneys. Know before you
enroll.**

Published: 3/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever signed up for a legal plan, needed help, but not received it? What happened?

Published: 3/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Legal services beyond a plan may cost more; consider all potential future consequences.

Published: 3/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Walking is good exercise for truckers who sit for long hours at a time. Wear good shoes.

Published: 3/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: When it is not practical to walk outdoors, see if you can find a place to walk indoors.

Published: 3/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: About 32 trips around a conventional tractor and 53 foot trailer is equivalent to one mile.

Published: 3/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Other than in a mall, where is a good place for professional drivers to walk indoors?

Published: 3/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Before buying a folding elliptical or strider for in- truck-use, make sure it will fit.

Published: 3/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Want to eat meals in your truck, but want minimal dishes? A simple mess kit may work.

Published: 3/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's the simplest meal you've ever cooked in the pan from your mess kit?

Published: 3/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some mess kits don't include utensils, but some meals require using them. Be prepared.

Published: 3/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Should you buy a stainless steel or non-stick coating type mess kit and why?

Published: 3/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

As with other pans, non-stick coatings on mess kits may peel off and be a health hazard.

Published: 3/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Love to read? Have a Smartphone? Kindle books are generally cheaper than print copies.

Published: 4/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How many Kindle books, ebooks or book-like PDF documents would you say you have?

Published: 4/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Unlike print books, you can easily search Kindle books for specific words or phrases.

Published: 4/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Do you listen to any audio versions of Kindle books? How would you rate them?

Published: 4/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: You can use a Kindle Audio Adapter for reading ebooks out loud for growth or entertainment.

Published: 4/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**All cold food storage devices
have pros and cons. With ice,
an ice chest never fails.**

Published: 4/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Have you ever had the hinge(s) on your ice chest break? What did you do?

Published: 4/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Thin plastic ice chest hinges can break. Some replacements can be expensive. Price around.

Published: 4/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever used an 'Xtreme' ice chest? Did it keep your food as cold as was advertised?

Published: 4/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Before buying an ice chest, consider in-truck storage space and lifting weight when full.

Published: 4/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Truckers with no APU may
use an inverter to power AC
devices. Ask your trucking
company.**

Published: 4/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What will you be using an inverter to power? Will you need a battery-connected one?

Published: 4/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Consider all devices you need to power, then consider the inverter watts you will need.

Published: 4/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Can you get by with using a 12-volt powered inverter for all your power needs?

Published: 4/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Many cooking appliances can be powered via a 1500-watt battery-connected inverter.

Published: 4/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Before crossing the border into another country, make sure your passport is up-to- date.

Published: 4/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Did you know that firearms are illegal in some places and can be confiscated?

Published: 4/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: When crossing from the USA into Canada, prepare for your truck to be scanned or searched.

Published: 4/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's your best tip for being ready for customs when crossing the U.S./Canada border?

Published: 4/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**There have been reports of
laptop computers being
confiscated at the border. Be
prepared.**

Published: 4/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Team drivers may face
compatibility issues. Inside
truck temperature is one of
them.**

Published: 5/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: When a newer driver teams with one more experienced, does the older one's 'rules' win?

Published: 5/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Teams need to work out a good schedule for day vs. night and city vs. highway driving.

Published: 5/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Are husband and wife trucking teams more compatible than non-married teams? Why?

Published: 5/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Consider ahead of time whether or not a team member's smoking would be your breaking point.

Published: 5/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**A powered in-truck hot pot
can boil eggs, steam veggies,
and cook soups, pasta, and
more.**

Published: 5/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What is your favorite meal to fix in your truck in a hot pot? How do you prepare it?

Published: 5/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: An AC-powered hot pot may last longer than a 12-volt version. Compare quality before buying.

Published: 5/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever used a 12-volt hot pot in-truck for cooking meals? Would you buy it again?

Published: 5/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**A battery-connected inverter
and hot pot combo can help
you save money on food
long-term.**

Published: 5/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Truckers can get showers on the road for free after a minimum truck stop fuel purchase.

Published: 5/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Do you have a favorite truck stop chain where you prefer to take showers? Which one?

Published: 5/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**All truck stop showers are
supposed to be cleaned
between uses. Report
problems you find.**

Published: 5/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What would make you start writing truck stop shower reviews?

Published: 5/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**If you have no shower credits,
you may be able to use
loyalty points to 'buy' one.**

Published: 5/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Shippers and receivers have established ways of doing things. Seek to work with them.

Published: 5/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever encountered a rude guard? How did you deal with him/her effectively?

Published: 5/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Be aware: some shippers or receivers require special numbers before loading or unloading.

Published: 5/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Save time. Is the load at the shipper pre-loaded, live load, drop and hook, other?

Published: 5/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Document all of your time and work done at facilities, including any lumping you perform.

Published: 5/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Lady truckers, your CDL means you're as qualified as male truckers to drive trucks.

Published: 5/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Have you as a lady trucker ever been looked down on for your gender? What happened?

Published: 5/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Ladies, learn from the mechanics repairing your trucks. Ask questions. Seek to understand.

Published: 5/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ladies, what would you say has been the hardest part of being a female trucker?

Published: 6/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Ladies, prevent situations when you could be exploited or taken advantage of in trucking.

Published: 6/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Every regional and OTR trucker would do well to carry basic tools and equipment in-truck.

Published: 6/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What tools do you consider to be essential to carry with you on the road, trucker?

Published: 6/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: A 9/16-inch wrench, a hammer, and flathead and Phillips screwdrivers are good truck tools.

Published: 6/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: In what situation has a specific tool you had with you been invaluable? What happened?

Published: 6/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Be aware that unless you're
certified, you shouldn't adjust
your truck's brakes yourself.**

Published: 6/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Without APU, climate control unit or idling, some trucks may become very hot in summertime.

Published: 6/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Did you know that being too hot can lead to heat stress and increase in mental errors?

Published: 6/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Be aware of the signs of heat-related illness, including heat exhaustion and heat stroke.

Published: 6/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever been punished for wanting to be comfortably cool in your truck? What happened?

Published: 6/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Document on paper the temperature inside your truck, possibly with a candy thermometer.

Published: 6/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some truckers open truck
windows and install window
screens to get pest-free
ventilation.**

Published: 6/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Have you found window screens for your truck at a truck stop? Are they expensive?

Published: 6/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Consider that window screens do not block noise or bad smells (like diesel exhaust).

Published: 6/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever installed truck window screens but no breeze blew in? What did you do?

Published: 6/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Truckers who use window screens while driving may experience reduced visibility out windows.

Published: 6/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Distracted driving is very serious and can come from any number of sources. Be alert.

Published: 6/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever reached for something in your truck, even for a second, and veered off course?

Published: 6/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Eating, drinking and smoking while driving can all be considered distracted driving.

Published: 6/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Do you have a headset that you can use to talk on the phone hands-free? Use it a lot?

Published: 6/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Beware of entertainment- related distracted driving via radio, CDs, audio books, etc.

Published: 6/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

A 12-volt lunchbox stove can cook a good sized whole meal at one time in one compact unit.

Published: 7/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Does a quick clean-up after cooking in a 12-volt lunchbox make you think highly of it?

Published: 7/4/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
Unseen, food may cook too
long in a 12-volt lunchbox.
Unplug only when it's not
distracting.**

Published: 7/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Besides a disposable aluminum loaf pan, with what can a 12-volt lunchbox stove be lined?

Published: 7/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some people avoid cooking food with aluminum foil or pans as health issues could result.

Published: 7/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

A clean truck may more likely avoid an inspection than a dirty one. Wash yours regularly.

Published: 7/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Is it a better value to you to have pros clean your truck vs. cleaning it yourself?

Published: 7/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some truckers may manually
wipe down truck exteriors to
reduce needing an actual
truck wash.**

Published: 7/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What 'extra' services do you always purchase when you have your truck washed by pros?

Published: 7/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Keep truck wash receipts. Get reimbursed by your company or log them for tax deductions.

Published: 7/14/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
Truckers may enjoy
entertainment on the road.
Never let it distract you when
you're driving.**

Published: 7/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Do you listen to any audio books while you're driving? How do you acquire them?

Published: 7/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Many types of videos can be found on YouTube, including old movies and old TV shows.

Published: 7/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Do DVDs sold at truck stops cost less than, the same as, or more than at other stores?

Published: 7/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**If you pay for an
entertainment service,
evaluate value received vs.
the price you're paying.**

Published: 7/21/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
Dragged-in sand can
accumulate in your truck.
Sweep it up with a whisk
broom and dust pan.**

Published: 7/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How do you get dirt out of hard-to-reach crevices in your truck? Do you use a vacuum?

Published: 7/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

Some people feel that 12-volt hand-held vacuums don't work as well as 120-volt vacuums.

Published: 7/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Which attachments do you find most useful when using a hand-held vacuum cleaner?

Published: 7/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Need to pick up and keep small things? Put a handkerchief over the nozzle before vacuuming.

Published: 7/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Different types of food have different storage requirements. Keep cold foods refrigerated.

Published: 7/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Is your favorite cold food storage device a fridge, thermoelectric cooler, or ice chest?

Published: 8/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Even leftovers like salad may stay fresh longer when vacuum sealed in glass canning jars.

Published: 8/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Canning jars with lids and bands can be vacuum sealed by hand with 2 jar sealing devices.

Published: 8/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some foodstuffs purchased in
bulky boxes can be
transferred to resealable bags
to save space.**

Published: 8/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

A forward-facing dash cam can record on video the movement of vehicles around your truck.

Published: 8/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever wished you had recorded on video the dangerous actions of other drivers on the road?

Published: 8/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Driving with a cab-facing dash cam 'on' may help you to learn better driving techniques.

Published: 8/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Under what circumstances would you allow a cab-facing dash cam to constantly video you?

Published: 8/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Dash cam-recorded video can help exonerate a trucker who is not at fault in a truck accident.

Published: 8/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Regularly check tire pressure. Tire Pressure Monitoring Systems may pay for themselves.

Published: 8/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry:

**Did you know that an
alignment problem on your
truck can wear out tires very
quickly?**

Published: 8/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

If your truck keeps 'pulling' to the left or right, it is time to get an alignment done.

Published: 8/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Do you trust retread tires? Have you found that they last as long brand new tires?

Published: 8/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Having tires retreaded may save you considerable money over brand new tires. Shop around.

Published: 8/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Many truckers may like to cook or warm foods in a microwave oven. Power it appropriately.

Published: 8/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

**Did you know that the lower
your microwave's wattage,
the longer it takes to cook
food?**

Published: 8/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some people avoid cooking food in a microwave oven because of the effect of the radiation.

Published: 8/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Have you read about the dangers and hazards of cooking food in a microwave oven?

Published: 8/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Other kinds of appliances may cook food 'better' than microwaving. Plan ahead on meal prep.

Published: 8/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Out-of-adjustment truck brakes are a safety violation often found during inspections.

Published: 8/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How much money and time does it take for you to have your truck's brakes adjusted?

Published: 8/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

According to CVSA, only those who are certified to adjust truck brakes should adjust them.

Published: 8/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How reliable are devices that 'show' you when your truck's brakes need to be adjusted?

Published: 8/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Mechanics at trucking company terminals should routinely check truck brake settings.

Published: 9/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Products on sale at travel stores may cost more than what other retail stores charge.

Published: 9/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How much extra have you ever spent on a travel store item just out of convenience?

Published: 9/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some items on sale at truck stops are competitively priced, but refund policies differ.

Published: 9/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever attempted to get a refund at a truck stop past the refund period? What happened?

Published: 9/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Keep a log of refund periods and purchases for products and services made at truck stops.

Published: 9/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Every commercial motor vehicle must be regularly maintained and inspected annually.

Published: 9/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever had your truck run past its annual inspection date? What happened and why?

Published: 9/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Regularly inspect and update all of the documentation for both your tractor and trailers.

Published: 9/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's the most you've ever been fined for not having up- to-date truck registration info?

Published: 9/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Many trailers have a 'registration box' on the nose where important papers are stored.

Published: 9/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Visibility can be greatly hampered by rain. Some windshield products repel water.

Published: 9/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How do you keep fog or interior moisture from appearing inside your windshield?

Published: 9/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Keep your truck dash free of
all paperwork and trash so
that defrosting vents can
work well.**

Published: 9/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Which products work the best to help you keep your truck's windshield clean?

Published: 9/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some truckers may prefer a
specific detergent in water to
wash their trucks'
windshields.**

Published: 9/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Still using a paper log book? Log it like you run it. Never falsify log book entries.

Published: 9/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Did you know that running two or more log books actually works against truckers?

Published: 9/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Unless U.S. regs change, electronic logging devices (ELDs) will be required by December 2017.

Published: 9/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What are the pros and cons of using an electronic logging device (ELD)? Please share.

Published: 9/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

If an electronic logging device costs you time for which you could be paid, document it.

Published: 9/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Many truckers use Smartphone apps ranging from tracking weather to getting loads and more.

Published: 10/2/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What's your favorite Smartphone app to help you find safe and legal truck parking?

Published: 10/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Ever used a Smartphone app to find truck parking that gave different info than you found?

Published: 10/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

**Do you use a Smartphone app
to help you plan your routes?
Which one is your favorite?**

Published: 10/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: For GPS routing with a Smartphone app, use only those geared for commercial motor vehicles.

Published: 10/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

It is ultra important to your health to drink enough clean water so that you stay hydrated.

Published: 10/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How do you ensure that you get enough water to drink while driving your truck?

Published: 10/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Some truckers may like to
buy and drink bottled water.
Beware of problems from
plastic.**

Published: 10/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever had health issues from drinking water from plastic bottles that sat in the sun?

Published: 10/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Consider the pros and cons of carrying drinking water in sturdy gallon jugs in your truck.

Published: 10/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Loads bearing a seal must not be unsealed until the proper person authorizes it.

Published: 10/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: How do you ensure that a trailer seal remains intact until arriving at the receiver?

Published: 10/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: High value items may be sealed with a bolt. Bolt cutters are required to remove those.

Published: 10/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever had a sealed load that was loaded funny and wouldn't scale out? What happened?

Published: 10/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Make arrangements to keep or replace load locks left inside a dropped sealed trailer.

Published: 10/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

A thermoelectric cooler is not a true refrigerator. It has no refrigerant or thermostat.

Published: 10/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Have you ever had food spoil in a thermoelectric cooler because it got too warm?

Published: 10/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Warm air output from thermoelectric coolers may not escape if units are put in cabinets.

Published: 10/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Use a thermoelectric cooler to keep some foods cool? Where do you store yours?

Published: 10/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Prevent liquid spills from thermoelectric coolers seatbelted in the passenger seat.

Published: 10/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Bigger truck stop chains issue rewards points that can be redeemed for various things.

Published: 10/30/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: What is the biggest purchase you've ever made with your truck stop rewards points?

Published: 10/31/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Check first before trying to pay for shop services or restaurant meals with rewards points.

Published: 11/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever found anything in a travel store that couldn't be purchased with rewards points?

Published: 11/2/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
If you feel it is most
gratifying, save up your
rewards points to 'buy'
something bigger.**

Published: 11/3/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

To prevent load lock theft, some truckers padlock them in place behind their cabs.

Published: 11/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever found a style of load lock that worked better than others? What was different?

Published: 11/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

Beware: Loads can still shift in some situations even when load locks or straps are in place.

Published: 11/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Ever had a load that needed a bulkhead, but it wasn't put in the nose? What did you do?

Published: 11/9/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Even with a bulkhead put in place, certain loads need to be staggered so they'll scale out.

Published: 11/10/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Tip:

There is dirt and grease under a trailer, so stay clear of it when pulling your kingpin.

Published: 11/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever gotten grease on a garment when pulling a kingpin? How did you get it out?

Published: 11/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Some truckers like using a device or tool to assist with pulling a kingpin. Models vary.

Published: 11/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever used a kingpin puller for any other task? If so, what? How did that work?

Published: 11/16/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**A long, narrow kingpin puller
may help you retrieve objects
that fell in truck crevices.**

Published: 11/17/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**It's a good idea to carry with
you a disposable camera --
with film -- to document
accidents.**

Published: 11/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever taken truck accident photos with a digital camera? Were they accepted?

Published: 11/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: When taking truck accident photos with a camera, get views from as many angles as possible.

Published: 11/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

**Do you regularly replace a
disposable film-based camera
to ensure it will work
correctly?**

Published: 11/23/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Camera 'still' photos may provide more detail than a dash cam can capture in a video.

Published: 11/24/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Truckers without a toilet built in their trucks may benefit from having a portable toilet.

Published: 11/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever had a situation when you absolutely needed a toilet as close by as possible?

Published: 11/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Beware: Some trucking companies forbid truckers from having portable toilets in their trucks.

Published: 11/29/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry:

If a trucker keeps a portable toilet clean, why should he/she not have one in-truck?

Published: 11/30/2017



Truck-Drivers-Money-Saving-Tips.com

**Truck Drivers
Money Saving Tip:
Some facilities refuse
restroom access to truckers.
Having a portable toilet in-
truck helps.**

Published: 12/1/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Help prevent theft of disconnected trailers by using a kingpin lock. Have one? Use it!

Published: 12/4/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Have you ever known of a trailer that was stolen after a kingpin lock was put in place?

Published: 12/5/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Kingpin locks vary in design, weight and materials. Don't underbuy or overbuy. Plan ahead.

Published: 12/6/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Are all kingpin locks keyed identically? How would you protect your trailer if they are?

Published: 12/7/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Consider storing a greasy kingpin lock inside a dedicated and disposable plastic box.

Published: 12/8/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

A variety of devices designed to reduce air resistance may greatly improve truck fuel economy.

Published: 12/11/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Which wind drag reducer works best: vortex generator, trailer tail, side skirts, other?

Published: 12/12/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Using different kinds of air resistance reducers simultaneously may help you save much fuel.

Published: 12/13/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Which trailer wind drag reducer, side skirts or undercarriage device, gives the better ROI?

Published: 12/14/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Does placing and spacing
vortex generators a certain
way provide the best wind
drag reduction?**

Published: 12/15/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Review your settlement sheet immediately upon receipt to make sure that it is accurate.

Published: 12/18/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Ever found something you weren't paid for based upon your settlement sheet? What was it?

Published: 12/19/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**Keep a log of products you
buy and PO numbers issued so
that you know when you are
reimbursed.**

Published: 12/20/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: For what types of purchases will trucking companies reimburse you? Ask your driver manger.

Published: 12/21/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

**If you buy a non-reimbursible
item out-of-pocket,
determine if it is tax
deductible.**

Published: 12/22/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: Eating sugary foods before undergoing a DOT physical may affect a critical number.

Published: 12/25/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Inquiry: Which critical number could be too high when undergoing a DOT physical?

Published: 12/26/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip: While undergoing a DOT physical, some truckers could be referred for a sleep study.

Published: 12/27/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers

Money Saving Inquiry:

Does your blood pressure go up whenever you see a doctor, such as during a DOT physical?

Published: 12/28/2017



Truck-Drivers-Money-Saving-Tips.com

Truck Drivers Money Saving Tip:

Keep track of your medical card expiration date. Plan in advance to undergo a DOT physical.

Published: 12/29/2017



Truck-Drivers-Money-Saving-Tips.com

Published: 1/4/1900



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