It's OK to set new goals based on old goals, as long as you have a plan to reach them.

Published: 1/1/2018



Are your new goals simply old goals unmet, or do they go farther than old goals?

Published: 1/2/2018



Life is multi-faceted. Setting big goals to reach too quickly may result in frustration.

Published: 1/3/2018



Truck-Drivers-Money-Saving-Tips.com

Do you have an accountability partner to help you reach your goals? Why or why not?

Published: 1/4/2018



Using a checklist can help you stay on track and make progress on reaching goals.

Published: 1/5/2018



During winter, protect your hands from the cold and from splitting. Use good gloves.

Published: 1/8/2018



Truck-Drivers-Money-Saving-Tips.com

Which trucking tasks require you to use only your bare hands in the winter?

Published: 1/9/2018



Truck-Drivers-Money-Saving-Tips.com

Protect your feet and toes from the cold during winter. Wool socks and boots may help.

Published: 1/10/2018



Which brand of steel-toed boots have you found are comfortable and last a long time?

Published: 1/11/2018



Some hand and feet warmers provide heat for only a limited amount of time. Shop wisely.

Published: 1/12/2018



Traction devices vary, including snow chains, cables, claws and socks. Learn how they differ.

Published: 1/15/2018



What sort of regular maintenance do you perform on your truck's traction devices?

Published: 1/16/2018



Snow chains may have smooth edges or angled edges. Angled edges may bite snow better.

Published: 1/17/2018



Ever activated 'instant' snow chains on your truck, but still couldn't get traction?

Published: 1/18/2018



The more places around a tire where a traction device can grip in snow, the better.

Published: 1/19/2018



Truck-Drivers-Money-Saving-Tips.com

Regarding ways to lose money, avoid voluntary loss and reduce risk for involuntary loss.

Published: 1/22/2018



Have you ever purchased something on the road that didn't work right? What was it?

Published: 1/23/2018



Seek to reduce the interest that you pay every month, so you can save more money.

Published: 1/24/2018



Can you cook and eat in your truck instead of buying lots of costly restaurant meals?

Published: 1/25/2018



Truck-Drivers-Money-Saving-Tips.com

Warranty length is one indication of product quality. Consider all aspects before you buy.

Published: 1/26/2018



Constantly monitor all spaces around your truck: front, back, on both sides, above and below.

Published: 1/29/2018



Ever seen a trucker having trouble backing into a parking space? Did you offer to spot?

Published: 1/30/2018



GPS units designed for cars don't have low clearances marked. Never use one in a big truck.

Published: 1/31/2018



Do you consider that a laminated, spiral bound atlas is a better buy than a paper atlas?

Published: 2/1/2018



Avoid driving on icy roads. If you must, slow down, avoid hills, and go easy on the brakes.

Published: 2/2/2018



Non-perishable, portable foods include nuts, seeds, dried fruit, dried meat and crackers.

Published: 2/5/2018



What is your favorite nonperishable food to carry with you in your truck?

Published: 2/6/2018



Truck-Drivers-Money-Saving-Tips.com

There are numerous 'no bake recipes' online, particularly for cookies and desserts.

Published: 2/7/2018



Have a favorite recipe for satisfying food that is easy to prepare in your truck?

Published: 2/8/2018



You or your home support team can make DIY high protein bars from a variety of recipes.

Published: 2/9/2018



Be creative and help make Valentine's Day special for home support team members back home.

Published: 2/12/2018



Besides sending flowers or candy, how do you show love to a loved one on Valentine's Day?

Published: 2/13/2018



Learn which gifts mean the most to your loved one on Valentine's Day and all other days.

Published: 2/14/2018



What frugal way do you keep the 'home fires burning' with your spouse from the road?

Published: 2/15/2018



Truck-Drivers-Money-Saving-Tips.com

Many Smartphones let users easily create audios or videos that can be sent to loved ones.

Published: 2/16/2018



Always conduct pre-trip inspections on your truck. Never ever drive an unsafe truck.

Published: 2/19/2018



Which part of a pre-trip inspection is your truck most likely to fail? Is there a pattern?

Published: 2/20/2018



Check fluid levels and for leaks before driving. Wheel covers may need to be removed.

Published: 2/21/2018



Are visual truck brake adjustment devices completely accurate 100% of the time?

Published: 2/22/2018



Devices showing settings at a glance should be verified for accuracy as often as needed.

Published: 2/23/2018



Dirty trucks are more likely to be inspected than clean ones. Also, eliminate 'dash trash'.

Published: 2/26/2018



What's your secret to keeping your truck looking clean between actual truck washes?

Published: 2/27/2018



You can increase visibility during rain by treating your windshield with water repellent.

Published: 2/28/2018



Have a boot brush, scraper or door mat on your truck's steps to reduce tracking in dirt?

Published: 3/1/2018



Sometimes only a hand-held vacuum cleaner can remove dirt from hard-to-reach places in-truck.

Published: 3/2/2018



The human body is at least 50% water and we need adequate water to survive. Stay hydrated.

Published: 3/5/2018



Did you know that 'sports drinks' may contain ingredients that don't hydrate your body?

Published: 3/6/2018



Becoming dehydrated adversely affects body systems. Drink water, not other beverages.

Published: 3/7/2018



Did you know that you need to drink sufficient water even on cloudy or cool days?

Published: 3/8/2018



If you feel thirsty, you need to drink water immediately. Listen to your body. Stay healthy.

Published: 3/9/2018



Regularly check registrations associated with both your tractor and your trailers. Stay legal.

Published: 3/12/2018



What does your trucking company do if a trailer's registration has expired on the road?

Published: 3/13/2018



If you need a current registration, have your company fax it to you at the nearest truck stop.

Published: 3/14/2018



Do you keep all of your load paperwork in an aluminum forms holder or something else?

Published: 3/15/2018



With heavy in-truck use, a sturdy aluminum forms holder can outlast a heavy-duty notebook.

Published: 3/16/2018



Regularly check the tread depth on all of your tires. Download our checklist for free.

Published: 3/19/2018



How do you check your truck tire pressure: pressure gauge, hammer/thumper, or other?

Published: 3/20/2018



Physically checking each tire will assure you that all tires are at optimum pressure.

Published: 3/21/2018



Have you ever had a 'flat tire' reinflate itself via a tire pressure monitoring system?

Published: 3/22/2018



Mismatched tread depth on paired tires can cause greater wear on the one with deeper tread.

Published: 3/23/2018



Regarding appliances for intruck use, 12-volt and household versions may vary greatly.

Published: 3/26/2018



Have you had good, bad, or mixed experiences using 12-volt products in your truck?

Published: 3/27/2018



Some truck stops may have a 30-day return policy on many products. Check before you buy.

Published: 3/28/2018



# Truck Drivers Money Saving Inquiry: Did you know that some trucking companies restrict inverter size or use in-truck?

Published: 3/29/2018



Some low-watt 120-volt products can be operated via an inverter plugged into a 12-volt outlet.

Published: 3/30/2018



Numerous exercises can be done in the driver's seat. Park first before doing some of them.

Published: 4/2/2018



Did you know that you don't need fancy equipment to do many body weight exercises?

Published: 4/3/2018



Do appropriate stretches each time you stop your truck. Endeavor to stay in shape and fit.

Published: 4/4/2018



Have you measured needed space before buying exercise equipment for in-truck use?

Published: 4/5/2018



Truck-Drivers-Money-Saving-Tips.com

Consistent use of weights and resistance bands during exercise may strengthen your muscles.

Published: 4/6/2018



Some loads require smooth trailer floors. Use an approved device to remove nails.

Published: 4/9/2018



Has your company provided info about how trailers are to be loaded to stay legal?

Published: 4/10/2018



For loads that acquire smells quickly, make sure you select a trailer with no residual scent.

Published: 4/11/2018



Did you know that tarps and straps can wear out and need to be replaced periodically?

Published: 4/12/2018



Truck-Drivers-Money-Saving-Tips.com

Sweep trailers quickly with a wide broom head. Separate head and handle to store intruck.

Published: 4/13/2018



Collect trash and garbage intruck in used plastic grocery bags. Dispose of them as needed.

Published: 4/16/2018



Did you know that bungee cords and coated hangers can be used to hang things intruck?

Published: 4/17/2018



A shower caddy hung over a bunk's edge can be a handy place to put things just before sleep.

Published: 4/18/2018



Did you know that an electric skillet can be utilized for the purpose of washing dishes?

Published: 4/19/2018



Truck-Drivers-Money-Saving-Tips.com

A large cutting board can be used as the flat surface upon which to cook food in a truck.

Published: 4/20/2018



Some of the fastest hot or cold meals may be sandwiches using bread and wraps using tortillas.

Published: 4/23/2018



How do you ensure that you consume enough protein every day when eating fast meals?

Published: 4/24/2018



Some prepared foods contain ingredients that are toxic, like MSG. Learn to read labels.

Published: 4/25/2018



Did you know that some toxic ingredients in prepared food are called by more than one name?

Published: 4/26/2018



Coming down with pain after eating canned food may mean that it contains a toxic ingredient.

Published: 4/27/2018



Some foods must be kept cold to prevent spoiling, including refrigerated meat and dairy items.

Published: 4/30/2018



Did you know that expiration dates are only guesses based upon a number of factors?

Published: 5/1/2018



Conditions dictate whether foods spoil faster than, on, or slower than their expiration dates.

Published: 5/2/2018



What is your favorite way to keep perishable food cold in your truck -- and why?

Published: 5/3/2018



Truck-Drivers-Money-Saving-Tips.com

Consider how warm it becomes under your lower truck bunk before storing food there.

Published: 5/4/2018



When doing load planning, always include at least an extra hour for contingencies.

Published: 5/7/2018



Truck-Drivers-Money-Saving-Tips.com

Ever been assigned a load you knew you couldn't deliver on time? What happened?

Published: 5/8/2018



Truck-Drivers-Money-Saving-Tips.com

Never feel pressured to accept a load by driving a truck or hauling a trailer that isn't safe.

Published: 5/9/2018



Do you know your company's policy or procedure for arriving at and leaving facilities?

Published: 5/10/2018



Put an 'out-of-service' tag on non-roadworthy trailers and report them to your company's shop.

Published: 5/11/2018



Prepare for truck stop showers by carrying clean clothes and toiletries in a shower bag.

Published: 5/14/2018



What's the most overlooked item that you need to take with you into a truck stop shower?

Published: 5/15/2018



If you brush your teeth before/after showering, pack toothbrush and paste in your shower bag.

Published: 5/16/2018



Did you know that a free shower at many truck stops comes with a minimum purchase of fuel?

Published: 5/17/2018



Not all truck stop showers have built-in blow dryers, so you may want to take your own.

Published: 5/18/2018



Some electronic devices are sold in many places. Consider return policies before buying.

Published: 5/21/2018



Does the electronic device you're considering buying require updates and if so, how often?

Published: 5/22/2018



Besides return policies, consider the length of a manufacturer's warranty before buying.

Published: 5/23/2018



Are free trucking services updated as often as paid ones? What are the pros and cons?

Published: 5/24/2018



Consider any additional equipment you must use in order to find and accept loads from brokers.

Published: 5/25/2018



Truck bedding solutions include bunk sheets and sleeping bags. Sheets need washing more often.

Published: 5/28/2018



Did you know that sleeping bags vary widely according to style and temperature rating?

Published: 5/29/2018



Truck-Drivers-Money-Saving-Tips.com

Standard home washers are too small to wash sleeping bags. Use a large commercial washer.

Published: 5/30/2018



Did you know that you can repair or line a sleeping bag that runs thin from much use?

Published: 5/31/2018



Plan ahead for extra drying time for sleeping bags that are thicker and better insulated.

Published: 6/1/2018



Truckers driving long distances may use a crock pot slow cooker to cook a full meal in-truck.

Published: 6/4/2018



Did you know that you can brace crock pots to help prevent tipping over en route?

Published: 6/5/2018



Many low-watt crock pots can be powered via an inverter designed to fit in a 12-volt outlet.

Published: 6/6/2018



How likely is a plastic or glass crock pot lid to crack, chip or break when used in-truck?

Published: 6/7/2018



Using a plastic bag-style crock pot liner can make clean-up much easier. Weigh pros and cons.

Published: 6/8/2018



For trucks without a small kitchen, clever truckers can create a set-up simulating one.

Published: 6/11/2018



What are three things you need to simulate having a sink in-truck where you wash dishes?

Published: 6/12/2018



To simulate a sink in-truck, you need water, a wash basin, and a place to discard used water.

Published: 6/13/2018



Did you know that sturdy apple juice jugs can be thoroughly cleaned for water storage?

Published: 6/14/2018



You can save money on water from vending machines by using your own jugs. Use sturdy ones.

Published: 6/15/2018



Inverters invert power from Direct Current (DC) to Alternating Current (AC). Units vary.

Published: 6/18/2018



Ever used a 12-volt plug-in inverter and tried to draw too much power? What happened?

Published: 6/19/2018



Trucking companies may limit inverter power drawn from batteries -- or install a fuse.

Published: 6/20/2018



Ever plugged a power strip into an inverter to power multiple items at once? How many?

Published: 6/21/2018



Beware: Some sensitive products may be damaged by using inverted power. Review instructions.

Published: 6/22/2018



Laundry additives always cost more when purchased at a laundromat. OTR truckers, plan ahead.

Published: 6/25/2018



Did you know that grease on clothing may be loosened with a hand cleaner before washing?

Published: 6/26/2018



To keep colors from bleeding onto whites, separate the two before washing and drying.

Published: 6/27/2018



Did you know that using too much soap in a washer makes it difficult to rinse out?

Published: 6/28/2018



Truck-Drivers-Money-Saving-Tips.com

Commercial dryers can become very hot, so select the heat setting appropriate for the load.

Published: 6/29/2018



Around major holidays, some travelers have their minds on fun, not driving. Be cautious.

Published: 7/2/2018



Are you aware that annually, the expected number of holiday travelers is published?

Published: 7/3/2018



Do not become distracted by fireworks, light shows, or other unusual July 4 events.

Published: 7/4/2018



What is one lesson that you have learned about driving a truck around major holidays?

Published: 7/5/2018



When driving, scan ahead, increase your following distance, and discourage tailgaters.

Published: 7/6/2018



Thermoelectric coolers are not meant to be used 24/7 around the clock. Read the manual.

Published: 7/9/2018



Where do you store your thermoelectric cooler in your truck? In direct sun?

Published: 7/10/2018



Lacking refrigerant and a compressor, thermoelectric coolers aren't true refrigerators.

Published: 7/11/2018



Ever had food spoil because the temperature varied on your thermoelectric cooler?

Published: 7/12/2018



Truck-Drivers-Money-Saving-Tips.com

Quality consideration: Many truck stops sell replacement thermoelectric cooler parts.

Published: 7/13/2018



Views on using a truck cruise control vary. Using one may help reduce driver fatigue.

Published: 7/16/2018



Have you ever followed advice regarding truck cruise control use? What happened?

Published: 7/17/2018



Some truckers say that cruise control use helps their trucks pull hills better.

Published: 7/18/2018



Has there ever been a time when cruise control use harmed your truck's fuel economy?

Published: 7/19/2018



Do not rely on your cruise control like an auto-pilot. Stay alert at all times.

Published: 7/20/2018



Every pro truck driver should carry basic tools in-truck for times when they are needed.

Published: 7/23/2018



Can you name one scenario when a trucker may need to use a tool on the road?

Published: 7/24/2018



Owner-operators may need more tools, such as one to remove and replace specific filters.

Published: 7/25/2018



Have you ever found yourself in need of a tool when you didn't have one? What happened?

Published: 7/26/2018



Consider your need for infrequently used tools like a rake to remove snow from your trailer.

Published: 7/27/2018



Before buying a compact refrigerator for use in-truck, consider its space requirements.

Published: 7/30/2018



Is your compact refrigerator built into a cabinet or stored elsewhere in your truck?

Published: 7/31/2018



Many dorm-style refrigerators are not built to withstand the rigors of movement over the road.

Published: 8/1/2018



Ever had a refrigerator conk out in your truck? If so, were you able to repair it?

Published: 8/2/2018



Refrigerators built for truck or RV use tend to be expensive. Consider all of your options.

Published: 8/3/2018



There are two types of GPS units: those for the motoring public and those for motor carriers.

Published: 8/6/2018



How many accidents are due to truckers using the wrong kind of GPS units in-truck?

Published: 8/7/2018



Do not rely exclusively on a GPS unit, even one for CMVs. Learn how to use a trucker'a atlas.

Published: 8/8/2018



Has a trucker's atlas ever led you wrong regarding truck routes or low clearances?

Published: 8/9/2018



Never drive over a bridge with a weight rating less than 40 tons. One ton equals 2,000 pounds.

Published: 8/10/2018



Low cost, keyed steel and aluminum king pink locks can be purchased at many truck stops.

Published: 8/13/2018



Have you ever heard of a king pin lock being 'picked' open by a cargo thief?

Published: 8/14/2018



Help prevent platform grease from getting on a king pin lock by putting a bag over it first.

Published: 8/15/2018



Have you ever heard of a trailer being towed off even if it has a king pin lock in place?

Published: 8/16/2018



A heavy-duty king pin lock installed on a trailer may dissuade a thief from stealing it.

Published: 8/17/2018



Examine every settlement sheet you receive from your company to ensure payment for all work.

Published: 8/20/2018



Ever had a load missing from your settlement sheet? Did your company get your paperwork?

Published: 8/21/2018



If you scan completed paperwork so you can get paid, always get a transmission verification.

Published: 8/22/2018



How long do you keep your trip paperwork in-truck, just in case you need to rescan it?

Published: 8/23/2018



Keeping a month's worth of trip paperwork in-truck will enable you to rescan it if needed.

Published: 8/24/2018



Ice chests vary from the flimsy foam types to large, heavy-duty types. Determine your needs.

Published: 8/27/2018



Have you ever experienced a leak from your ice chest in your truck? What happened?

Published: 8/28/2018



While larger ice chests carry more, they weigh more fully loaded. Don't strain your back.

Published: 8/29/2018



Do you have a secret for removing water from melted ice from your in-truck ice chest?

Published: 8/30/2018



Sturdier hinges on ice chests can save the frustration of flimsy hinges that break.

Published: 8/31/2018



Learn your trucking company's policy/procedure regarding reimbursable expenses.

Published: 9/3/2018



Ever bought a truck item for which your company didn't reimburse you? What was it?

Published: 9/4/2018



Some companies require the issuing of a "P.O." or Purchase Order number for reimbursement.

Published: 9/5/2018



Ever gotten a P.O. number for a reimbursable item, used it, and it didn't work?

Published: 9/6/2018



Reimbursable expenses may include load locks, scale tickets, and cash toll receipts.

Published: 9/7/2018



Trailer locks vary from bar locks to circular locks and from regular pad locks to bolts.

Published: 9/10/2018



Have you ever heard of someone successfully picking a lock on the back of a trailer?

Published: 9/11/2018



Bar locks span bars across trailer doors. If bars are unlocked, the doors won't swing open.

Published: 9/12/2018



Have you ever experienced cargo theft after you're sure your trailer doors were locked?

Published: 9/13/2018



Determined thieves aren't stopped by locks, but may make them pass to an unlocked trailer.

Published: 9/14/2018



Your time waiting for customers to load/unload a trailer is valuable. Document it carefully.

Published: 9/17/2018



# Truck Drivers Money Saving Inquiry: If you use an ELD, does it document your waiting or detention time at customers?

Published: 9/18/2018



Taking too long to be loaded/unloaded may make you consider doing more drop-and-hook work.

Published: 9/19/2018



Does your company pay you for every hour you spend waiting at a customer? If not, why not?

Published: 9/20/2018



Not being paid for every hour you spend in a dock is literally money out of your pocket.

Published: 9/21/2018



Keep all trip and load paperwork organized. A forms holder may work better than a notebook.

Published: 9/24/2018



Which brand of heavy-duty notebook holds up to frequent in-truck use and handling?

Published: 9/25/2018



When a load is assigned, make sure all info is documented. Some loads require pickup numbers.

Published: 9/26/2018



Have you ever been delayed because load info by a broker or at the border wasn't right?

Published: 9/27/2018



When crossing an international border, keep both your load paperwork and your passport handy.

Published: 9/28/2018



Before accepting a load, make sure you can reasonably achieve on-time pick-up and delivery.

Published: 10/1/2018



Have you ever accepted a load and then had the delivery window change? What happened?

Published: 10/2/2018



Professional truck drivers allow for some delays when calculating on-time pick-up and delivery.

Published: 10/3/2018



Ever been on-time for delivery, yet been delayed by something unforeseen? What happened?

Published: 10/4/2018



Always document your arrival at every customer upon arrival. If needed, document on paper.

Published: 10/5/2018



Lack of following distance can lead to a preventable rearend accident. Leave enough space.

Published: 10/8/2018



Ever had a vehicle get so close behind your rig that you couldn't see it in your mirrors?

Published: 10/9/2018



Some truckers use techniques to persuade tailgaters to pass them, to prevent an accident.

Published: 10/10/2018



Did you know that even 'platooniong' trucks must maintain adequate following distance?

Published: 10/11/2018



Do not allow another driver or trucker to push you into a position of following too closely.

Published: 10/12/2018



While having 'fresh breath' is commendable, get it without mouthwash containing alcohol.

Published: 10/15/2018



Did you know that the alcohol level in mouthwash can put you over the breathalyzer limit?

Published: 10/16/2018



If you have an accident after using mouthwash with alcohol, you may be charged with a DUI.

Published: 10/17/2018



Did you know that many medical preparations and cough medicines contain alcohol?

Published: 10/18/2018



Do not drive after consuming any alcohol or medication that makes you dizzy or sleepy.

Published: 10/19/2018



Help avoid truck inspections by keeping both your tractor dash and truck exterior clean.

Published: 10/22/2018



Did you know that your rig can be inspected at any time, including at portable scales?

Published: 10/23/2018



DOT inspectors look for problems. Keep documentation in order and your truck safe and legal.

Published: 10/24/2018



Ever been pulled in for inspection for driving too slowly through a weigh station?

Published: 10/25/2018



When entering a weigh-inmotion weigh station, maintain the posted speed limit.

Published: 10/26/2018



A 'brake check' is when another driver gets in front of a big truck and then applies the brakes.

Published: 10/29/2018



Ever noticed any predictable behaviors regarding drivers who want to brake check trucks?

Published: 10/30/2018



Watch for erratic behavior, cut offs, slow downs, and application of brakes from other drivers.

Published: 10/31/2018



Ever had someone cut in front of your truck and then apply brakes? What happened?

Published: 11/1/2018



If someone unnecessarily slows in front of you, slow down and perhaps park safely for a while.

Published: 11/2/2018



Truck aerodynamic aids include wheel covers, vortex generators, side skirts, and boat tails.

Published: 11/5/2018



Use aerodynamic aids on your truck? What fuel economy improvement do you consistently get?

Published: 11/6/2018



Trailer under carriage wind deflectors can improve aerodynamics. Use without side skirts.

Published: 11/7/2018



Did you know that truck wheel covers can hide problems? Check behind them periodically.

Published: 11/8/2018



Dirt on aerodynamic aids can cause wind drag just like dirt on a truck can. Keep them clean.

Published: 11/9/2018



To remove dirt brought into a truck, some truckers use a broom, whisk broom or vacuum cleaner.

Published: 11/12/2018



What is the #1 hardest place to clean in your truck tractor? How do you keep it clean?

Published: 11/13/2018



The floor cleaning aids you use depend on whether you have vinyl or carpet on your tractor floor.

Published: 11/14/2018



Did you know that some cleaning aids contain toxic chemicals? Use a non-toxic cleaner.

Published: 11/15/2018



If you clean a little bit often, it will save you the frustration of one big cleaning later.

Published: 11/16/2018



Having a portable toilet in one's tractor can help in multiple ways, from hygiene to cleaning.

Published: 11/19/2018



Did you know that using the right chemical deodorant greatly reduces portable toilet odors?

Published: 11/20/2018



Cool down all liquids from cooking before disposing of them in a portable toilet.

Published: 11/21/2018



Did you know that having a portable toilet in-truck can be a form of on-site security?

Published: 11/22/2018



Don't hurt yourself by carrying too much liquid in a portable toilet holding tank or waste tank.

Published: 11/23/2018



Selected Smartphone apps can help truckers do more and stay organized, increasing savings.

Published: 11/26/2018



Which trucking-specific app is your favorite and why? Ever found truck parking through one?

Published: 11/27/2018



Some truckers may keep up with various truck maintenance needs with a Smartphone app.

Published: 11/28/2018



Have you ever scaled out your truck by using a Smartphone app? How accurate was it?

Published: 11/29/2018



Weather apps can help professional truck drivers better plan their trips and avoid problems.

Published: 11/30/2018



Learning self-defense maneuvers in advance can help you if you're ever personally attacked.

Published: 12/3/2018



Are you constantly on the lookout for potentially dangerous situations so as to avoid them?

Published: 12/4/2018



Preventing problems beats clean-up afterwards.
Continually pay attention to your surroundings.

Published: 12/5/2018



Did you know that many vehicles have two keys and that you should always keep one with you?

Published: 12/6/2018



Whether you are in or out of your truck, increase security by always locking the door behind you.

Published: 12/7/2018



There are different kinds of straps and bars used to hold loads in place while being transported.

Published: 12/10/2018



Have you ever had a bar-style load lock fail during use in-trailer? What happened?

Published: 12/11/2018



Truck-Drivers-Money-Saving-Tips.com

Load locks work by putting pressure on the trailer's inside walls. Extend to full width first.

Published: 12/12/2018



Did you know that load straps are rated as to working load limit and break strength?

Published: 12/13/2018



Truck-Drivers-Money-Saving-Tips.com

Because flatbed loads settle in transit, load straps need to be retightened as often as needed.

Published: 12/14/2018



Keep good light and ventilation when you 'tailgate' loads or move freight to a trailer's rear.

Published: 12/17/2018



Ever needed to tailgate a load, yet a substandard pallet jack was supplied? What happened?

Published: 12/18/2018



Manual and battery-powered pallet jacks have different 'reaction times'. Plan accordingly.

Published: 12/19/2018



Ever used a pallet jack when the trailer started moving? What kind of movement was it?

Published: 12/20/2018



Prevent pallet jack mishaps.

Put a stand under the nose of disconnected trailers. Chock tires.

Published: 12/21/2018



The human body requires balanced food, vitamins, minerals, enzymes and supplements regularly.

Published: 12/24/2018



Did you know that you can transport microbes by wiping parts of your face with unclean hands?

Published: 12/25/2018



Reduce the chance of catching a 'bug' by washing your hands regularly. Use a toxin-free soap.

Published: 12/26/2018



Did you know that some soaps that claim to kill some microbes may be harmful to human health?

Published: 12/27/2018



Two keys to staying well are to keep your immune system boosted and to reduce your toxic load.

Published: 12/28/2018

